

Kenneth M. Kozlowski, D.C., P.A.  
4200 4<sup>th</sup> Street North  
St. Petersburg, FL 33703  
727-823-7308

**PATIENT CASE RECORD**  
PLEASE ANSWER ALL QUESTIONS  
AS ACCURATELY AS POSSIBLE

FOR OFFICE USE ONLY
# _____
BY: _____
INS: _____

DATE \_\_\_\_\_

NAME \_\_\_\_\_ AGE: \_\_\_\_\_  
ADDRESS \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_  
TELEPHONE NO: \_\_\_\_\_ CELL NO: \_\_\_\_\_  
BIRTHDATE: \_\_\_\_\_ SEX: M F MARITAL STATUS: S M D W  
E-MAIL: \_\_\_\_\_ SOCIAL SECURITY NO. \_\_\_\_\_  
EMPLOYER: \_\_\_\_\_ ADDRESS: \_\_\_\_\_  
EMPLOYER'S TELEPHONE NO: \_\_\_\_\_ JOB TITLE: \_\_\_\_\_  
NAME OF SPOUSE: \_\_\_\_\_ NO. OF CHILDREN \_\_\_\_\_  
SPOUSE'S EMPLOYER: \_\_\_\_\_ ADDRESS: \_\_\_\_\_

DATE OF ACCIDENT: \_\_\_\_\_

Are the Symptoms: A) Improving B) Getting Worse C) About the same D) Intermittent (*come and go*)

Date Symptoms Appeared: \_\_\_\_\_

Which activities aggravate your condition? A) Standing B) Walking C) Sitting D) Lying  
E) Bending F) Lifting G) Twisting H) Coughing

Have you had any prior chiropractic treatment? (*Please Describe*) Current medical doctor

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Past Illnesses and dates Present Medications (*prescription & non-prescription*)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Previous X-rays of areas injured: \_\_\_\_\_

\_\_\_\_\_

Previous operations and dates Nutritional Supplements

1. \_\_\_\_\_ 1. \_\_\_\_\_

2. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 3. \_\_\_\_\_

## SYMPTOM SURVEY

<p>12) GENERAL SYMPTOMS: (Circle as many as apply)</p> <p>A) Nervousness    B) Irritability    C) Fatigue    D) Depression E) Loss of Sleep    F) Tension    G) PMS    H) Jaw Pain</p>	<p>18) MIDBACK: (Circle as many as apply)</p> <p>A) Pain                  1) Left    2) Right    3) Both Pain Level:                1) Mild    2) Moderate    3) Severe Pain Type:                 1) Sharp/Stubbing    3) Dull Ache B) Muscle Spasm         1) Left    2) Right    3) Both</p>
<p>13) HEAD: (Circle as many as apply)</p> <p>A) Headache              1) Mild                    2) Moderate    3) Severe How often:                ( 1 2 3 4 5 6 ) Per ( Day / Wk. / Mo. ) Are they:                 1) Sharp                 2) Dull Are they:                 1) Constant             2) Intermittent Where located:            1) Back of head    2) Forehead    3) Temples     4) Right Side    5) Left Side    6) Behind Eyes B) Light Headed        C) Memory Loss        D) Fainting E) Blurred Vision       F) Double Vision       G) Sensitivity to Light H) Loss of Balance    I) Hearing Loss        J) Ringing in Ears</p>	<p>19) CHEST: (Circle as many as apply)</p> <p>A) Deep Chest Pain                  1) Left    2) Right    3) Both Pain Level                            1) Mild    2) Moderate    3) Severe C) Pain around Ribs                 1) Left    2) Right    3) Both D) Shortness of Breath                D) Irregular Heartbeat</p>
<p>14) NECK: (Circle as many as apply)</p> <p>A) Pain                  1) Left Side    2) Right Side    3) Both Pain Level:              1) Mild            2) Moderate     3) Severe Pain Increased by: 1) Forward Movement    2) Backward Movement     3) Rotate head left    4) Rotate head right     5) Bend neck left        6) Bend neck right B) Stiffness    C) Muscle Spasm    D) Grinding/Grating Sounds</p>	<p>20) ABDOMINAL SYMPTOMS: (Circle as many as apply)</p> <p>A) Pain                  1) Mild    2) Moderate    3) Severe B) Nervous Stomach                  C) Nausea                  D) Gas E) Constipation                        F) Diarrhea                G) Heartburn H) Indigestion                         I) Loss of Appetite</p>
<p>15) SHOULDERS: (Circle as many as apply)</p> <p>A) Pain in Joint                        1) Left    2) Right    3) Both B) Pain Across Shoulder              1) Left    2) Right    3) Both C) Limitation of Movement            1) Left    2) Right    3) Both D) Tension                                1) Left    2) Right    3) Both</p>	<p>21) LOWBACK: (Circle as many as apply)</p> <p>A) Upper Lumbar Pain                 1) Left    2) Right    3) Both* B) Lower Lumbar Pain                 1) Left    2) Right    3) Both* C) Sacroiliac Pain                    1) Left    2) Right    3) Both* D) Muscle Spasm                       1) Left    2) Right    3) Both *Lowback Pain Level:                 1) Left    2) Moderate    3) Severe</p>
<p>16) ARMS: (Circle as many as apply)</p> <p>A) Pain in Upper Arm                 1) Left    2) Right    3) Both B) Pain in Elbow                        1) Left    2) Right    3) Both C) Pain in Forearm                     1) Left    2) Right    3) Both D) Pins &amp; Needle in Arm                1) Left    2) Right    3) Both E) Pins &amp; Needles in Forearm          1) Left    2) Right    3) Both F) Numbness in Arm                     1) Left    2) Right    3) Both G) Numbness in Forearm                1) Left    2) Right    3) Both</p>	<p>22) HIPS AND LEGS: (Circle many as apply)</p> <p>A) Pain in Buttocks                    1) Left    2) Right    3) Both Pain Level:                            1) Left    2) Moderate    3) Severe B) Pain in Hip Joint                    1) Left    2) Right    3) Both Pain Level:                            1) Left    2) Moderate    3) Severe C) Pain Down Leg                        1) Left    2) Right    3) Both Location:                              1) Front    2) Back    3) Side Pain Radiates to:                     1) Knee    2) Calf    3) Foot D) Numbness Down Leg                 1) Left    2) Right    3) Both Location:                              1) Front    2) Back    3) Side E) Pins &amp; Needles in Legs                1) Left    2) Right    3) Both Location:                              1) Front    2) Back    3) Side F) Knee Pain Leg                        1) Left    2) Right    3) Both G) Cramps                                1) Left    2) Right    3) Both</p>
<p>17) HANDS: (Circle as many as apply)</p> <p>A) Pain in Wrist                        1) Left    2) Right    3) Both B) Pain in Hand                         1) Left    2) Right    3) Both C) Pins &amp; Needles in Hand              1) Left    2) Right    3) Both D) Numbness in Hand                    1) Left    2) Right    3) Both</p>	<p>23) FEET: (Circle as many as apply)</p> <p>A) Ankle Pain                          1) Left    2) Right    3) Both B) Swollen Ankle                        1) Left    2) Right    3) Both C) Foot Pain                             1) Left    2) Right    3) Both D) Numbness of Feet                    1) Left    2) Right    3) Both E) Swollen Feet                         1) Left    2) Right    3) Both F) Cramps                                1) Left    2) Right    3) Both</p>

### CHECK THE FOLLOWING WHICH YOU HAVE HAD AND UNDERLINE ANY YOU HAVE NOW

<b>GASTRO-INTESTINAL</b> <input type="checkbox"/> Constipation <input type="checkbox"/> Diarrhea <input type="checkbox"/> Digestive Problems <input type="checkbox"/> Stomach Pain <input type="checkbox"/> Vomiting of Blood <input type="checkbox"/> Gall Bladder Trouble <input type="checkbox"/> Hemorrhoids <input type="checkbox"/> Liver Trouble <b>SKIN</b> <input type="checkbox"/> Bruising <input type="checkbox"/> Boils <input type="checkbox"/> Dryness	<b>GENIO-URINARY</b> <input type="checkbox"/> Frequent Urination <input type="checkbox"/> Painful Urination <input type="checkbox"/> Difficulty Starting Urine <input type="checkbox"/> Inability Control Urine <input type="checkbox"/> Blood in Urine <input type="checkbox"/> Bed Wetting <input type="checkbox"/> Kidney Infection <input type="checkbox"/> Prostate Trouble <b>MUSCLES &amp; JOINTS</b> <input type="checkbox"/> Foot Problems <input type="checkbox"/> Swollen Joints <input type="checkbox"/> Hernia	<b>CARDIO VASCULAR</b> <input type="checkbox"/> High Blood Pressure <input type="checkbox"/> Low Blood Pressure <input type="checkbox"/> Previous Heart Trouble <input type="checkbox"/> Previous Stroke <b>FOR WOMEN ONLY</b> <input type="checkbox"/> Cramps - Backache <input type="checkbox"/> Excessive Flow <input type="checkbox"/> Hot Flashes <input type="checkbox"/> Irregular Cycles <input type="checkbox"/> Pain Intercourse <input type="checkbox"/> Pain Menstruation <input type="checkbox"/> Vaginal Discharge	<b>RESPIRATORY</b> <input type="checkbox"/> Chest Pains <input type="checkbox"/> Chronic Cough <input type="checkbox"/> Difficulty Breathing <input type="checkbox"/> Frequent Colds <input type="checkbox"/> Spitting of Blood <input type="checkbox"/> Allergies <b>GENERAL</b> <input type="checkbox"/> Weight Loss <input type="checkbox"/> Nervousness <input type="checkbox"/> Emotional Problems <input type="checkbox"/> Diabetes	<b>EYES-EARS-NOSE</b> <input type="checkbox"/> Eye Pains <input type="checkbox"/> Earaches <input type="checkbox"/> Ear Discharge <input type="checkbox"/> Ringing in Ears <input type="checkbox"/> Nasal Discharge <input type="checkbox"/> Nose Bleeds <input type="checkbox"/> Sinus Trouble <input type="checkbox"/> Difficult Swallowing <input type="checkbox"/> Hoarseness <input type="checkbox"/> Asthma
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#### DATE OF LAST:

_____ Spinal Exam	_____ Blood Test	_____ Physical Exam	_____ Chest X-ray
_____ Spinal X-ray	_____ Urine Test	_____ Dental X-ray	_____ Eye Exam

**KENNETH M KOZLOWSKI, DC, PA**

**POWER OF ATTORNEY, MEDICAL RELEASE, ASSIGNMENT OF BENEFITS**

POWER OF ATTORNEY TO ENDORSE CHECKS AND/OR TO SIGN ANY PIECE OF PAPER WHICH WILL ENHANCE OR EXPEDITE PAYMENT TO PROVIDER FOR SERVICES RENDERED, INCLUDING BUT NOT LIMITED TO A RELEASE OF MEDICAL RECORDS AND ASSIGNMENT OF BENEFITS/AUTHORIZATION TO PAY.

Know by all these present that: The undersigned has made, constituted and appointed, and by these presents does hereby make, constitute and appoint Kenneth M Kozlowski, DC, PA and any of his duly authorized agents and employees as and to be the undersigned's true and lawful attorney for and in the undersigned's name, place and stead to endorse any and all checks, drafts or money orders are made payable for services which have been made by Kenneth M Kozlowski, DC, PA, at the request or with the knowledge and approval of the undersigned and/or the maker of the check, draft, or money order.

Furthermore, the undersigned allows Kenneth M Kozlowski, DC, PA or any of his agents to sign any paper that will be necessary to enhance, expedite and/or allow payment to said provider. This may include affidavits of non-ownership of vehicles, insurance forms and other statements.

The undersigned by these presents does give and grant the said Kenneth M Kozlowski, DC, PA as attorney the full power and authority to do and perform all and every act whatsoever requisite and necessary to be done in and about the premises as fully to all intents and purposes as the undersigned might or cold do to personally present insofar as the endorsing and cashing of said checks are concerned as well as any other document.

**MEDICAL RELEASE**

A photocopy of this document shall be sufficient to authorize any person having records of medical treatment, services, or supplies pertaining to me to release true copies of same to Kenneth M Kozlowski, DC, PA or any insurer providing coverage to me in connection with the processing of any claim for benefits made by me or by the assignee herein. A photocopy of this document shall be as binding as an original signature page.

The undersigned does hereby ratify and confirm any and all actions taken by the said attorney in accordance with this special power and which the said attorney shall do or cause to be done by virtue of these presents.

**ASSIGNMENT OF BENEFITS**

I, \_\_\_\_\_ hereby authorize my insurance company to  
(Name of Insured/Patient)  
make medical benefits payments otherwise payable to me for services rendered by Kenneth M Kozlowski, DC, PA but not to exceed the charges of those services, payable to and mailed directly to:

Kenneth M Kozlowski, DC, PA  
4200 4<sup>th</sup> Street N.  
St. Petersburg, FL 33703

Furthermore, I hereby IRREVOCABLY ASSIGN to Kenneth M Kozlowski, DC, PA the rights and benefits under any policy of insurance, indemnity agreement, or any other collateral source as defined in Florida Statutes for any service and/or charges provided by Kenneth M Kozlowski, DC, PA.

IN WITNESS WHEREOF the undersigned has hereunto set their hands,

this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Patient's Name (Please Print)

# KENNETH M. KOZLOWSKI, D.C., P.A.

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4200 4<sup>th</sup> Street North  
St. Petersburg, FL 33703  
Telephone (727) 823-7308  
Fax (727) 521-0237

## PATIENT CONSENT FORM

Our Notice of Privacy Practices provides information about how we may use and disclose protected health information about you. You have the right to review our Notice before signing this Consent. The terms of our Notice may change. If we change our Notice, you may obtain a revised copy by contacting our office.

You have the right to request that we restrict how protected health information about you is used or disclosed for treatment, payment, or health care operations. We are not required to agree to this restriction, but if we do, we shall honor that agreement.

By signing this form, you consent to our use and disclosure of protected health information about you for treatment, payment, and health care operations. You have the right to revoke this Consent, in writing, signed by you. However, such a revocation shall not affect any disclosures we have already made in reliance on your prior Consent. The Practice provides this form to comply with the Health Insurance Portability and Accountability Act of 1996 (HIPAA).

### Restrictions

**\*\*Please tell us with whom we may not discuss your protected health information\*\***

(Ex. ex-spouse (name), in-laws (name(s)), children (name(s)).

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**\*\*Please tell us with whom we may discuss your protected health information\*\***

(Ex. spouse (name), children (name(s)), friend, relatives, or caregivers (names).

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**\*\*Non-sensitive messages or appointment reminders:**

May we leave a message at your home using practitioner's/practice's name? Yes { } No { }

May we leave a message at your work using practitioner's /practice's name? Yes { } No { }

May we send practice information, and or patient appreciation communications? Yes { } No { }

I understand that protected health information may be disclosed or used for the treatment, payment, or health care operations. I consent to such disclosures as permitted by law.

I fully understand and accept / decline (please circle one) the information of this Consent.

\_\_\_\_\_ Date \_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Print Name of Person Signing

If someone other than the patient is signing, are you the legal guardian Yes { } No { }

# KENNETH M. KOZLOWSKI, D.C., P.A.

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## ACKNOWLEDGMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

I acknowledge that I was provided of the Notice of Privacy Practices and that I have read them or declined the opportunity to read them and understand the Notice of privacy Practices. I understand that this form will be placed in my patient chart and maintained for six years.

By checking the lines below, I authorize being contacted for appointment reminders by (**check all that apply**):

Mail: \_\_\_\_\_  
Email: \_\_\_\_\_ at email address

Telephone numbers: \_\_\_\_\_

By voicemail: \_\_\_\_\_  
By text message: \_\_\_\_\_  
By Facebook address: \_\_\_\_\_

By checking the lines below, I authorize being contacted for birthday greetings or promotions about the practice by (**check all that apply**):

Mail: \_\_\_\_\_  
Email: \_\_\_\_\_ at email address

Telephone numbers: \_\_\_\_\_

By voicemail: \_\_\_\_\_  
By text message: \_\_\_\_\_  
By Facebook address: \_\_\_\_\_

By checking the lines below, I authorize the doctor to personally discuss with me products that may benefit my health or condition. \_\_\_\_\_

\_\_\_\_\_  
Patient name (please print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Patient, Guardian or Patient's legal representative

**THIS FORM WILL BE PLACED IN THE PATIENT'S CHART AND MAINTAINED FOR SIX YEARS.**

List below the names and relationships of people to whom you authorize the Practice to release PHI.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# Electronic Health Records Intake Form

*This form complies with CMS EHR incentive program requirements*

Name: \_\_\_\_\_

Email address: \_\_\_\_\_

Preferred method of communication for patient reminders (Circle one): Email / Phone / Mail

DOB: \_\_\_/\_\_\_/\_\_\_ Gender: Male / Female Preferred Language: English / other: \_\_\_\_\_

Smoking Status (Circle one): Every Day Smoker / Occasional Smoker / Former Smoker / Never Smoked

Smoking Start Date: \_\_\_\_\_

Family Medical History (Record one diagnosis in your family history and the affected relative)						
Diagnosis:	Father	Mother	Brother	Sister	Son	Daughter
Heart Disease						
Stroke						
Diabetes						
Cancer						
High Blood Pressure/Hypertension						

Race (Circle one): American Indian or Alaska Native / Asian / Black or African American / White (Caucasian) / Native Hawaiian or Pacific Islander / I Decline to Answer

Ethnicity (Circle one): Hispanic or Latino / Not Hispanic or Latino / I Decline to Answer

Are you currently taking any medications? (Include regularly used over the counter medications)	
Medication Name	Dosage and Frequency (i.e. 5mg once a day, etc.)

Do you have any medication allergies?			
Medication Name	Reaction	Onset Date	Additional Comments

I choose to decline receipt of my clinical summary after every visit (These summaries are often blank as a result of the nature and frequency of chiropractic care.)

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

For office use only			
Height: _____	Weight: _____	Blood Pressure: _____ / _____	Pulse: _____

# SYMPTOM DIAGRAM

Name \_\_\_\_\_ Number \_\_\_\_\_ Date \_\_\_\_\_

Please be sure to fill this form out extremely accurately. Mark the area(s) on your body where you feel the described sensation(s). Use the appropriate symbol(s). Mark areas of radiating pain, and include all affected areas. You may draw on the face as well.

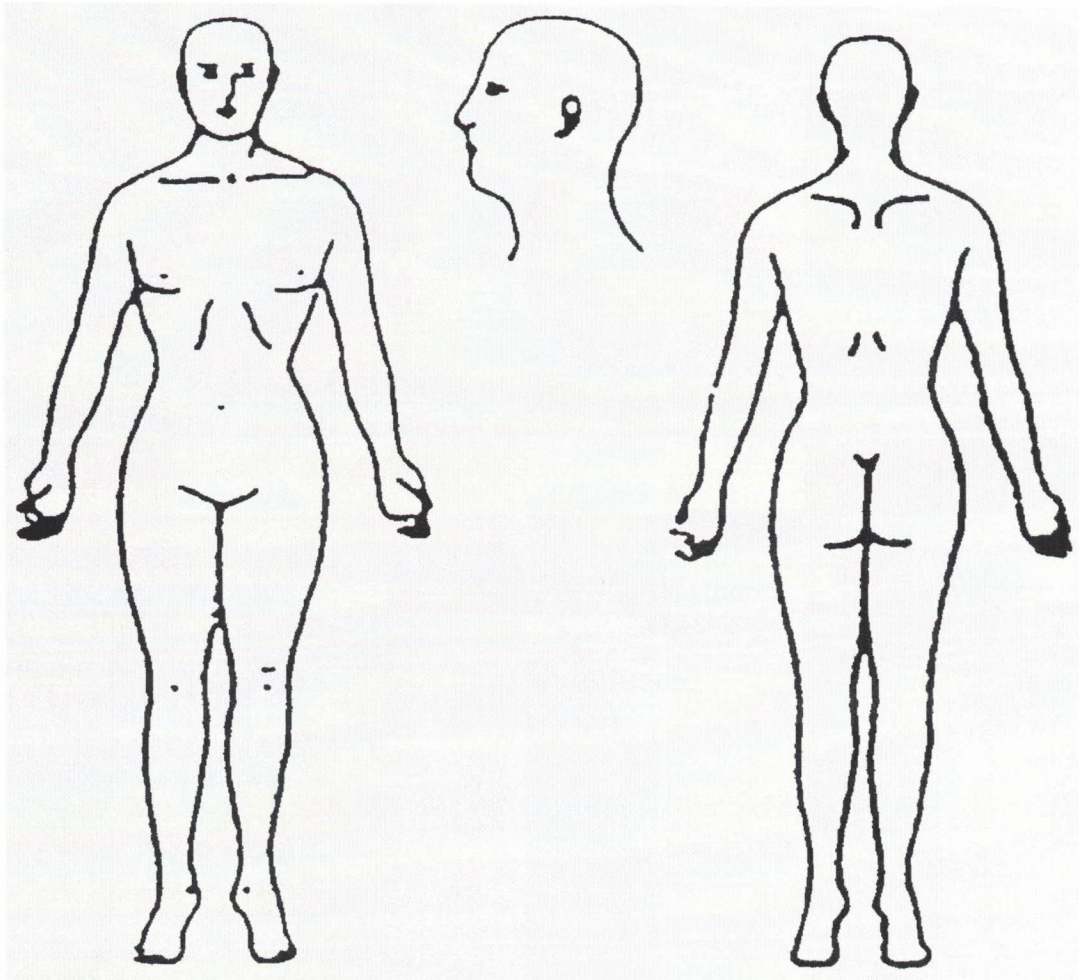
Aches ^^^^

Numbness oooo

Pins/Needles ●●●●

Burning xxxx

Stabbing ////



## NECK DISABILITY INDEX

This questionnaire has been designed to give the doctor information as to how your neck pain has affected your ability to manage in everyday life. **Please answer every section and mark in each section only ONE box** which applies to you. We realize you may consider that two of the statements in any one section relate to you, but **please just mark the box which MOST CLOSELY describes your problem.**

### Section 1 - Pain Intensity

- I have no pain at the moment.
- The pain is very mild at the moment.
- The pain is moderate at the moment.
- The pain is fairly severe at the moment.
- The pain is very severe at the moment.
- The pain is the worst imaginable at the moment.

### Section 2 -- Personal Care (Washing, Dressing, etc.)

- I can look after myself normally without causing extra pain.
- I can look after myself normally but it causes extra pain.
- It is painful to look after myself and I am slow and careful.
- I need some help but manage most of my personal care.
- I need help every day in most aspects of self care.
- I do not get dressed, I wash with difficulty and stay in bed.

### Section 3 – Lifting

- I can lift heavy weights without extra pain.
- I can lift heavy weights but it gives extra pain.
- Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned, for example on a table.
- Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned.
- I can lift very light weights.
- I cannot lift or carry anything at all.

### Section 4 – Reading

- I can read as much as I want to with no pain in my neck.
- I can read as much as I want to with slight pain in my neck.
- I can read as much as I want with moderate pain.
- I can't read as much as I want because of moderate pain in my neck.
- I can hardly read at all because of severe pain in my neck.
- I cannot read at all.

### Section 5-Headaches

- I have no headaches at all.
- I have slight headaches which come infrequently.
- I have slight headaches which come frequently.
- I have moderate headaches which come infrequently.
- I have severe headaches which come frequently.
- I have headaches almost all the time.

Scoring: Questions are scored on a vertical scale of 0-5. Total scores and multiply by 2. Divide by number of sections answered multiplied by 10. A score of 22% or more is considered a significant activities of daily living disability.  
 (Score  x 2) / (  Sections x 10) =  %ADL

### Section 6 – Concentration

- I can concentrate fully when I want to with no difficulty.
- I can concentrate fully when I want to with slight difficulty.
- I have a fair degree of difficulty in concentrating when I want to.
- I have a lot of difficulty in concentrating when I want to.
- I have a great deal of difficulty in concentrating when I want to.
- I cannot concentrate at all.

### Section 7 – Work

- I can do as much work as I want to.
- I can only do my usual work, but no more.
- I can do most of my usual work, but no more.
- I cannot do my usual work.
- I can hardly do any work at all.
- I can't do any work at all.

### Section 8 – Driving

- I drive my car without any neck pain.
- I can drive my car as long as I want with slight pain in my neck.
- I can drive my car as long as I want with moderate pain in my neck.
- I can't drive my car as long as I want because of moderate pain in my neck.
- I can hardly drive my car at all because of severe pain in my neck.
- I can't drive my car at all.

### Section 9 – Sleeping

- I have no trouble sleeping.
- My sleep is slightly disturbed (less than 1 hr. sleepless).
- My sleep is moderately disturbed (1-2 hrs. sleepless).
- My sleep is moderately disturbed (2-3 hrs. sleepless).
- My sleep is greatly disturbed (3-4 hrs. sleepless).
- My sleep is completely disturbed (5-7 hrs. sleepless).

### Section 10 – Recreation

- I am able to engage in all my recreation activities with no neck pain at all.
- I am able to engage in all my recreation activities, with some pain in my neck.
- I am able to engage in most, but not all of my usual recreation activities because of pain in my neck.
- I am able to engage in a few of my usual recreation activities because of pain in my neck.
- I can hardly do any recreation activities because of pain in my neck.
- I can't do any recreation activities at all.

Comments \_\_\_\_\_ %ADL



## LOW BACK DISABILITY QUESTIONNAIRE (REVISED OSWESTRY)

This questionnaire has been designed to give the doctor information as to how your back pain has affected your ability to manage in everyday life. **Please answer every section and mark in each section only ONE box** which applies to you. We realize you may consider that two of the statements in any one section relate to you, but **please just mark the box which MOST CLOSELY describes your problem.**

### Section 1 - Pain Intensity

- I can tolerate the pain without having to use painkillers.
- The pain is bad but I can manage without taking painkillers.
- Painkillers give complete relief from pain.
- Painkillers give moderate relief from pain.
- Painkillers give very little relief from pain.
- Painkillers have no effect on the pain and I do not use them.

### Section 2 -- Personal Care (Washing, Dressing, etc.)

- I can look after myself normally without causing extra pain.
- I can look after myself normally but it causes extra pain.
- It is painful to look after myself and I am slow and careful.
- I need some help but manage most of my personal care.
- I need help every day in most aspects of self care.
- I do not get dressed, I wash with difficulty and stay in bed.

### Section 3 – Lifting

- I can lift heavy weights without extra pain.
- I can lift heavy weights but it gives extra pain.
- Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned, for example on a table.
- Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned.
- I can lift very light weights.
- I cannot lift or carry anything at all.

### Section 4 – Walking

- Pain does not prevent me from walking any distance.
- Pain prevents me from walking more than one mile.
- Pain prevents me from walking more than one-half mile.
- Pain prevents me from walking more than one-quarter mile.
- I can only walk using a stick or crutches.
- I am in bed most of the time and have to crawl to the toilet.

### Section 5 -- Sitting

- I can sit in any chair as long as I like
- I can only sit in my favorite chair as long as I like
- Pain prevents me from sitting more than one hour.
- Pain prevents me from sitting more than 30 minutes.
- Pain prevents me from sitting more than 10 minutes.
- Pain prevents me from sitting almost all the time.

Scoring: Questions are scored on a vertical scale of 0-5. Total scores and multiply by 2. Divide by number of sections answered multiplied by 10. A score of 22% or more is considered significant activities of daily living disability.  
 (Score  x 2) / (  Sections x 10) =  %ADL

### Section 6 – Standing

- I can stand as long as I want without extra pain.
- I can stand as long as I want but it gives extra pain.
- Pain prevents me from standing more than 1 hour.
- Pain prevents me from standing more than 30 minutes.
- Pain prevents me from standing more than 10 minutes.
- Pain prevents me from standing at all.

### Section 7 -- Sleeping

- Pain does not prevent me from sleeping well.
- I can sleep well only by using tablets.
- Even when I take tablets I have less than 6 hours sleep.
- Even when I take tablets I have less than 4 hours sleep.
- Even when I take tablets I have less than 2 hours sleep.
- Pain prevents me from sleeping at all.

### Section 8 – Social Life

- My social life is normal and gives me no extra pain.
- My social life is normal but increases the degree of pain.
- Pain has no significant effect on my social life apart from limiting my more energetic interests, e.g. dancing.
- Pain has restricted my social life and I do not go out as often.
- Pain has restricted my social life to my home.
- I have no social life because of pain.

### Section 9 – Traveling

- I can travel anywhere without extra pain.
- I can travel anywhere but it gives me extra pain.
- Pain is bad but I manage journeys over 2 hours.
- Pain is bad but I manage journeys less than 1 hour.
- Pain restricts me to short necessary journeys under 30 minutes.
- Pain prevents me from traveling except to the doctor or hospital.

### Section 10 – Changing Degree of Pain

- My pain is rapidly getting better.
- My pain fluctuates but overall is definitely getting better.
- My pain seems to be getting better but improvement is slow at the present.
- My pain is neither getting better nor worse.
- My pain is gradually worsening.
- My pain is rapidly worsening.

**Comments** \_\_\_\_\_

Reference: Fairbank, Physiotherapy 1981; 66(8): 271-3, Hudson-Cook. In Roland, Jenner (eds.), Back Pain New Approaches To Rehabilitation & Education. Manchester Univ Press, Manchester 1989: 187-204

# **KENNETH M. KOZLOWSKI, D.C., P.A.**

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**4200 4<sup>th</sup> Street North  
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Fax (727) 521-0237**

## **Informed Consent for Chiropractic Treatment**

I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures, including various modes of physical therapy and diagnostic X-rays, on me (or on the patient named below, for whom I am legally responsible) by Dr. Kenneth Kozlowski (doctor of chiropractic) and/or other licensed doctors of chiropractic who now or in the future work at the clinic or office listed above or any other office or clinic.

I have had an opportunity to discuss with Dr. Kenneth Kozlowski (doctor of chiropractic) and/or with other office or clinic personnel the nature and purpose of chiropractic adjustments and other procedures. I understand that results are not guaranteed.

I understand and am informed that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment, including but not limited to fractures, disc injuries, strokes, dislocations and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely upon the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known to him or her, is in my best interest.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Witness Signature \_\_\_\_\_ Date \_\_\_\_\_

# KENNETH M. KOZLOWSKI, D.C., P.A.

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4200 4<sup>th</sup> Street North  
St. Petersburg, FL 33703  
Telephone (727) 823-7308  
Fax (727) 521-0237

## COVID-19 Treatment Consent Form

Due to the desire to halt the spread of the COVID-19 virus, it has been ordered and directed that there be a temporary suspension of all elective procedures that can be delayed without undue risk to the patient as determined by you treating physician.

I hereby acknowledge and understand that there may be an increased risk that COVID-19 may be transmitted in any place of public accommodation, which includes my physician's office. I have been informed by my physician of their desire to protect their patients, staff and the community at large.

As a prerequisite to obtaining the treatment proposed, I am confirming that I have none of the current commonly known symptoms of COVID-19 (fever, cough, shortness of breath, sore throat, loss of taste and/or smell sensation) and that I have not traveled by airplane or cruise ship, in the past 14 days. Further, I have been practicing all current CDC guidelines with respect to "social distancing" and have NOT been in contact with a person who has a positive test for COVID-19 or suspected to be positive.

I hereby consent to the treatment proposed by my physician.

Patient Name: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Physician Name: Dr. Kenneth M. Kozlowski, DC \_\_\_\_\_

Physician Signature: \_\_\_\_\_

Date: \_\_\_\_\_



**Standard Disclosure and Acknowledgement Form**  
**Personal Injury Protection - Initial Treatment or Service Provided**

The undersigned insured person (or guardian of such person) affirms:

1. The services or treatment set forth below were **actually rendered**. This means that those services have **already been provided**.

\_\_\_\_\_

- 2. I have the right and the **duty to confirm** that the services have already been provided.
- 3. I was **not solicited** by any person to seek any services from the medical provider of the services described above.
- 4. The medical provider has **explained** the services to me for which payment is being claimed.
- 5. If I notify the insurer in writing of a billing error, I may be entitled to a portion of any reduction in the amounts paid by my motor vehicle insurer. If entitled, my share would be at least 20% of the amount of the reduction, up to \$500.

Insured Person (patient receiving treatment or services) or Guardian of Insured Person:

Name ( <i>PRINT or TYPE</i> )	Signature	Date
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The undersigned licensed medical professional or medical director, if applicable, affirms the statement numbered 1 above and also:

- A. I have **not solicited** or caused the insured person, who was involved in a motor vehicle accident, to be solicited to make a claim for Personal Injury Protection benefits.
- B. The treatment or services rendered were explained to the insured person, or his or her guardian, **sufficiently** for that person to sign this form with informed consent.
- C. The accompanying statement or bill is **properly completed** in all material provisions and all relevant information has been provided therein. This means that each request for information has been responded to **truthfully, accurately**, and in a **substantially complete** manner.
- D. The coding of procedures on the accompanying statement or bill is proper. This means that **no service has been upcoded, unbundled**, or constitutes an invalid **or not medically necessary diagnostic test** as defined by Section 627.732(14) and (15), Florida Statutes or Section 627.736(5)(b)6, Florida Statutes.

Licensed Medical Professional Rendering Treatment/Services or Medical Director, if applicable (*Signature by his/ her own hand*):

Dr. Kenneth M. Kozlowski	Signature	Date
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Any person who knowingly and with intent to injure, defraud, or deceive any insurer files a statement of Claim or an application containing any false, incomplete, or misleading information is guilty of a felony of the third degree per Section 817.234(1)(b), Florida Statutes.

Note: The **original** of this form must be furnished to the insurer pursuant to Section 627.736(4)(b), Florida Statutes and may **not** be electronically furnished. Failure to furnish this form may result in non-payment of the claim.

# KENNETH M. KOZLOWSKI, D.C., P.A.

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## Authorization to Obtain PIP Benefits Payout Information

I, \_\_\_\_\_, hereby authorize and direct my insurance company to send to  
Name of Insured

**Kenneth M. Kozlowski, D.C., P.A. at 4200 4<sup>th</sup> Street N, St. Petersburg, FL 33703, Phone (727) 823-7308, Fax (727) 521-0237** an accounting of payouts made under all claims submitted for payment under the above referenced policy relating to the automobile accident occurring on the above referenced date as those payouts occur.

\_\_\_\_\_  
Signature of Insured

\_\_\_\_\_  
Date

Name of Insured: \_\_\_\_\_

Date of Accident: \_\_\_\_\_

Policy Number: \_\_\_\_\_

Policy Subscriber \_\_\_\_\_

Claim Number: \_\_\_\_\_

Adjuster: \_\_\_\_\_

Percentage Paid: \_\_\_\_\_ Deductible: \_\_\_\_\_ Policy Limit: \_\_\_\_\_ Med Pay: \_\_\_\_\_

Claims Mailing Address: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_  
Fax: \_\_\_\_\_

Dear \_\_\_\_\_:

On \_\_\_\_\_ Mr. / Mrs. \_\_\_\_\_ sought treatment at this office.

Please consider this notification of initiation of treatment in accordance with statute 627.736. You will receive medical bills within 60 days of the treatment.

Sincerely,

Chiropractic Assistant

# KENNETH M. KOZLOWSKI, D.C., P.A.

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## Form Fee Sheet

The completion of informational/insurance form represents an administrative service to our patients above and beyond the provision of medical care. Recent changes in health care have resulted in tremendous increase in the volume of information requests to our practice. The time and effort involved in providing this detailed information results in significant costs. The refusal of insurance companies and requesting agencies to cover the costs requires us to institute a policy of charges (effective August 15, 2019) for the completion of the forms as follows:

### No Charge:

- Worker's Compensation requested Disability & Work Status forms
- Auto Insurance Carrier requests for Work Status & Treatment Plans
- School Educational Disability or Limitation Forms

### \$20.00:

- Disabled Parking Applications

### \$50.00:

- Credit Card Deferment Forms
- Private Disability Insurance Forms
- Family Medical Leave Act (FMLA) forms

### \$50-\$200:

- For any narrative report detailing diagnosis, treatment, and future medical care.
- For completion of any letter describing medical care and limitations.

\_\_\_\_\_  
Patient Name (Print)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

# KENNETH M. KOZLOWSKI, D.C., P.A.

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## Office and Financial Policy

We have found that a clear agreement on finances BEFORE treatment begins results in fewer misunderstandings. With that in mind, we have carefully developed the following financial information. At the end of this document, you will be asked to sign an agreement and understanding of this document. You will be provided a copy for your records if requested. Please notify us if you have a change in address, phone number, or insurance.

### **APPOINTMENTS AND CANCELLATIONS:**

**Missed appointments are a loss for everyone!** Please understand that when an appointment is made, that time is reserved especially for you. If your appointment is broken or cancelled less than 24 hours prior to the appointment time, we find it necessary to **charge a fee equal to the fee allotted to that appointment time**. It is your responsibility to keep or cancel your appointment, whether or not we are able to contact you for confirmation. We will be unable to reschedule appointments if you have three or more broken appointments, without the proper notice.

### **INSURANCE:**

We will gladly file your insurance claim for you, and accept assignment of benefits. However, if the insurance company does not pay after **30 days**, it will be **your** responsibility to pay **Kenneth M. Kozlowski, DC, PA** for all services rendered on your behalf.

### **PAYMENT:**

We accept cash, personal checks, and all major credit cards at this time.

### **PAYMENT ARRANGEMENTS:**

All services are **PAYABLE IN FULL AT TIME OF TREATMENT**, unless other arrangements are made in advance.

### **CONCERNING INSURANCE:**

Insurance coverage is a **CONTRACT BETWEEN THE PATIENT AND THE INSURANCE CARRIER**. It is a benefit to the patient and should be considered only an adjunct to chiropractic treatment. It does **NOT** and never was **INTENDED** to pay for all of your chiropractic treatment. As a convenience to our patients, we will file your insurance claims with your carrier. We will determine, to the best of our ability, from your insurance company the amount of coverage for your procedure. You will be responsible for payment of your co-insurance and deductible amount. This may be collected at time of service if known or billed once insurance company makes their determination.

### **OTHER CHARGES:**

There is a \$35.00 charge for all returned checks.

Should your account be turned over to our collection agency for non-payment, the patient is responsible for all collection / attorney fees incurred by **Kenneth Kozlowski, DC, PA**.

I have read, understand and agree with the above information.

\_\_\_\_\_  
Patient / Responsible Party

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date